



LEADERSHIP SEMINARS

## EVENT INFORMATION

### ATTIRE



#### FRIDAY: BUSINESS CASUAL

Dress slacks/khakis and a collared shirt or polo shirt. It will not be acceptable to wear jeans, sweatshirts, t-shirts or caps. Show your Chapter/University pride by wearing Greek Letters and/or school name and colors!



#### SATURDAY: BUSINESS ATTIRE

Coat and tie, dress suits

### CONNECT



Tag us & Tweet us! Tweet live from the 2020 AGR and Sigma Alpha Leadership Seminars. Use hashtags: #AGRSALS20 #OwnYourWorld. Are you following @sigmaalpha and @alphagammarho? Make sure to tag us & tweet us while you're here!



Please take a few minutes to complete a short survey about the 2020 Leadership Seminars after the event. Your participation will help us improve future events.



Add Alpha Gamma Rho on Snapchat! Username: **alphagammarhohq**  
Add Sigma Alpha on Snapchat! Username: **sigmaalpha78**

### FIND YOUR COLOR

Assigned rooms are color coded based on the seminar location. View the colors at the bottom of each page to see which rooms your session is located in.

ORANGE - ST. LOUIS, MO

RED- ATLANTA, GA

GREEN - RENO, NV

BLUE - BALTIMORE, MD



FEB. 7-8 | ST. LOUIS, MO

FEB. 14-15 | RENO, NV

# THANK YOU IOWA STATE UNIVERSITY AGR & SA FOR PROVIDING GREAT FEEDBACK TO OUR FACILITATORS!



Let us know if you would like to host our 2021 Leadership Seminar Focus Group feedback session.

*For more information contact Grant Bargfrede, Senior Director of Operations  
at [grant@alphagammarho.org](mailto:grant@alphagammarho.org)*

## CALL TO ACTION ON APPLICATIONS FOR 2021 FACILITATORS

Alpha Gamma Rho and Sigma Alpha Sorority join together each year to hold four regional Leadership Seminars. We are looking for AGR Brothers and SA Sisters who are highly energetic, have experience in group facilitation, and have drive to help attendees realize their full potential as a leader.

**Apply to be a Facilitator by June 30, 2020!**

*For more information contact:  
Grant Bargfrede, Senior Director of Operations at [grant@alphagammarho.org](mailto:grant@alphagammarho.org) or  
Jessica Graham, Vice President at [vicepresident@sigmaalphabet.org](mailto:vicepresident@sigmaalphabet.org)*

# OWN YOUR WORLD

## FRIDAY SCHEDULE

12:00 - 1:30 PM

### REGISTRATION

**Grand Ballroom Foyer** **Pre Function A**  
**Atrium** **Promenade**

1:30 - 2:30 PM

### OWN YOUR WORLD - OPENING SESSION

Take ownership of “your world.” Learn how this Leadership Seminar will direct the focus of leadership to the core of the person while discovering how to make an impact.

**Salon A-D** **Whitney Peak 1** **Ball Room IV** **International AC**

2:40 - 3:45 PM

### ADVISERS & ALUMNI SESSION

**Salon A-D** **Pre Function A** **Peachtree City** **International DF**

HOUSEMOTHER/DIRECTOR SESSION: **Salon I** **Cherokee Rose**

### BREAKOUT SESSIONS I

#### OWN YOUR POSITION – TAYLOR

Own your place in any group. Identify what strengths create your value on a team and what qualities you need to recruit. See how your chapter depends on you.

**Salon II** **Whitney Peak 3** **Atlanta 2** **Carroll**

#### OWN YOUR LEADERSHIP – SEAN

Every individual has a personal twist on leadership that is unique to who they are and how they operate. In this session we will discuss traits that make and break leaders and how we can implement proven traits that make successful leaders. (Critical Thinking and Self Development)

**Salon V** **Whitney Peak 2** **Atlanta 4** **International E**

#### OWN YOUR MISTAKES – RACHEL

Learning from your mistakes is important for every good leader. In this session, we will discuss a time that we have failed in our lives and how we can use four steps to process the situation and grow from our mistakes.

**Salon IV** **Mt. Rose** **Atlanta 3** **Poe**

#### OWN YOUR BRAND – ANDREA

No, not a cattle brand. A personal brand is the unique combination of skills and experiences that make you you. Learn how to utilize effective personal branding will differentiate you from other professionals in your field.

**Salon III** **Whitney Peak I** **Atlanta 1** **Mencken**



FEB. 7-8 | ST. LOUIS, MO

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# FRIDAY SCHEDULE

3:55 - 5:00 PM

## BREAKOUT SESSIONS II

**OWN YOUR POSITION-** TAYLOR

**Salon II** Whitney Peak 3 Atlanta 2 Carroll

**OWN YOUR LEADERSHIP-** SEAN

**Salon V** Whitney Peak 2 Atlanta 4 International E

**OWN YOUR MISTAKES-** RACHEL

**Salon IV** Mt. Rose Atlanta 3 Poe

**OWN YOUR BRAND-** ANDREA

**Salon III** Whitney Peak 1 Atlanta 1 Mencken

5:10 - 6:00 PM

## HIGH STAKES DECISION MAKING

Develop a stronger understanding of your organization's risk management policies and presentation through hands on learning.

**Salon A-D** Whitney Peak 1 Ballroom IV International ABC

6:00 - 6:10 PM

## OWN YOUR NETWORK

Meet with Corporate Partners, alumni, Advisers and collegiate members in an informal meet and greet.

**Grand Ballroom Foyer** Pre Function Foyer Promenade

6:15 - 7:30 PM

## DINNER

Come meet your biggest supporters. Enjoy dinner with alumni, Corporate Partners and collegiate members.

**Salon E-H** Boundry Peak Ball Room

**Ballroom II&III** International DF

7:30 - 9:30 PM

## OWN YOUR STRENGTHS

In this fast-paced activity, learn from peers and experts to share ideas that will take your chapter and personal strengths to a new level!

**Salon A-D** Whitney Peak 1-3

**Ballroom IV** International ABC

# OWN YOUR WORLD

## SATURDAY SCHEDULE

8:00 - 9:30 AM

### OWN YOUR EVOLUTION - ANDREA & RACHEL

Take time to assess how you have evolved as a leader by reflecting on what you already learned and prepare for the remaining sessions that add leadership skills to truly *own your world!*

**Salon E-H** **Boundry Peak Ballroom**

**Ballroom II&III** **Internationale DF**

9:45 - 11:15 AM

### AGR/SIGMA ALPHA SPECIAL SESSIONS

**AGR: Salon A-D** **Whitney Peak 1** **Ballroom IV** **Internationale ABC**

**SA: Salon IV-V** **Whitney Peak 3** **Dogwood/Gardenia** **Carroll**

11:30 AM - 1:00 PM

### AWARDS LUNCHEON

Presentation of the AGR Grand President's Award and Sigma Alpha Spirit of Ruth Award

**Salon E-H** **Boundry Peak Ballroom** **Ball Room II&III** **Internationale DF**

1:15 - 2:05 PM

### BREAKOUT SESSIONS III

#### OWN YOUR FUTURE - SEAN

We all have shortfalls and aspects of our lives we know we can do better in. In this session we will dig into understanding self-responsibility and how we can take action in our lives today in order to set our futures up for massive success as individuals and leaders.

**Salon V** **Whitney Peak 2** **Atlanta 4** **International E**

#### OWN YOURSELF - RACHEL

As a leader, we often focus on the group as a whole. However, how often do you take time for yourself? As a leader, you have to own yourself before you can successfully own your leadership. In this session, we will discuss why self-care is important for everyone and ways to get time for ourselves every day.

**Salon IV** **Wheeler-Relay** **Atlanta 3** **Poe**

#### OWN YOUR VOICE- ANDREA

Attendees will learn how to utilize their voice to represent not only themselves through effective communication, critical thinking, but improving their self awareness through self development of a personal mission. By the end, those present will have a better awareness of how their unique differences can help them own their voice.

**Salon III** **Whitney Peak 1** **Atlanta 1** **Mencken**

# SATURDAY SCHEDULE

## OWN YOUR CHAPTER. -TAYLOR

You've recruited your team, experience how to identify and embrace individual strengths to profit in chapter success. Learn how communication and awareness can impact growth.

**Salon II** **Whitney Peak 3** **Atlanta 2** **Carroll**

2:10 - 3:00 PM

## BREAKOUT SESSIONS IV

### OWN YOUR FUTURE - SEAN

**Salon V** **Whitney Peak 2** **Atlanta 4** **International E**

### OWN YOURSELF - RACHEL

**Salon IV** **Wheeler-Relay** **Atlanta 3** **Poe**

### OWN YOUR VOICE - ANDREA

**Salon III** **Whitney Peak 1** **Atlanta 1** **Mencken**

### OWN YOUR CHAPTER - TAYLOR

**Salon II** **Whitney PeakP 3** **Atlanta 2** **Carroll**

3:05 - 4:00 PM

## ACTION PLANNING

You have acquired all the information needed to Own Your World! Now it is your turn to create a mission plan and take it back to your chapter.

4:05 - 4:30 PM

## OWN YOUR MISSION

Take a final look and reflect on everything over the weekend. We will critically think about how we can implement the material learned and incorporate it into our personal lives on a daily basis in order to become something greater than who we are now.

**Salon A-D** **Whitney Peak 1** **Ballroom IV** **International ABC**